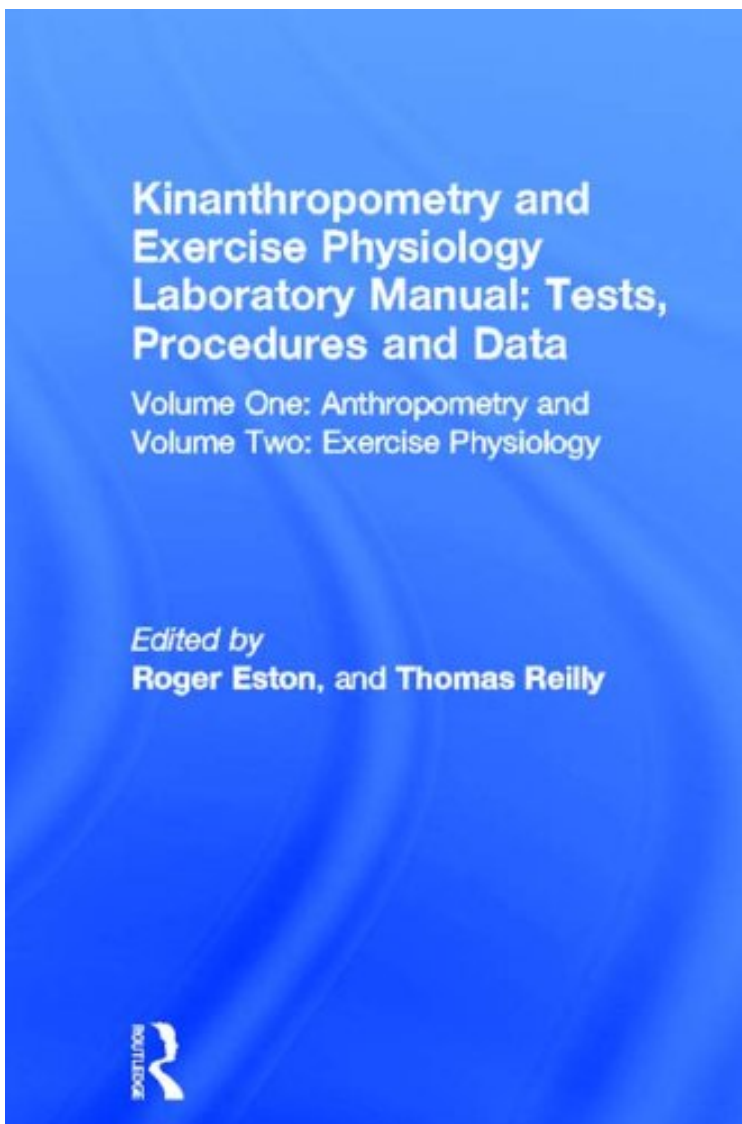


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Prsentation de l'diteurThis is a combined set of the two fully revised and updated manuals Kinanthropometry and Exercise Physiology Laboratory Manual: Tests, Procedures and Data. The in-depth analyses of

anthropometry and exercise physiology are presented in one volume for the first time. Physiology and practical work is now a compulsory element of sports and exercise science. These texts have been developed as key resources for lecturers and students of kinanthropometry, sports science, human movement and exercise physiology. The well-illustrated manuals provide: * help in planning and conduct of practical sessions* comprehensive theoretical background on each topic and up-to-date information so that there is no need for additional reading* seven entirely new chapters providing a balance between kinanthropometry and physiology* eleven stand-alone chapters in each volume enabling the reader to pick out topics of interest in any order* a wide range of supporting diagrams, photographs and tables. A complete one-stop resource, this set presents laboratory procedures next to real-life practical examples, each supported with appropriate data.

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