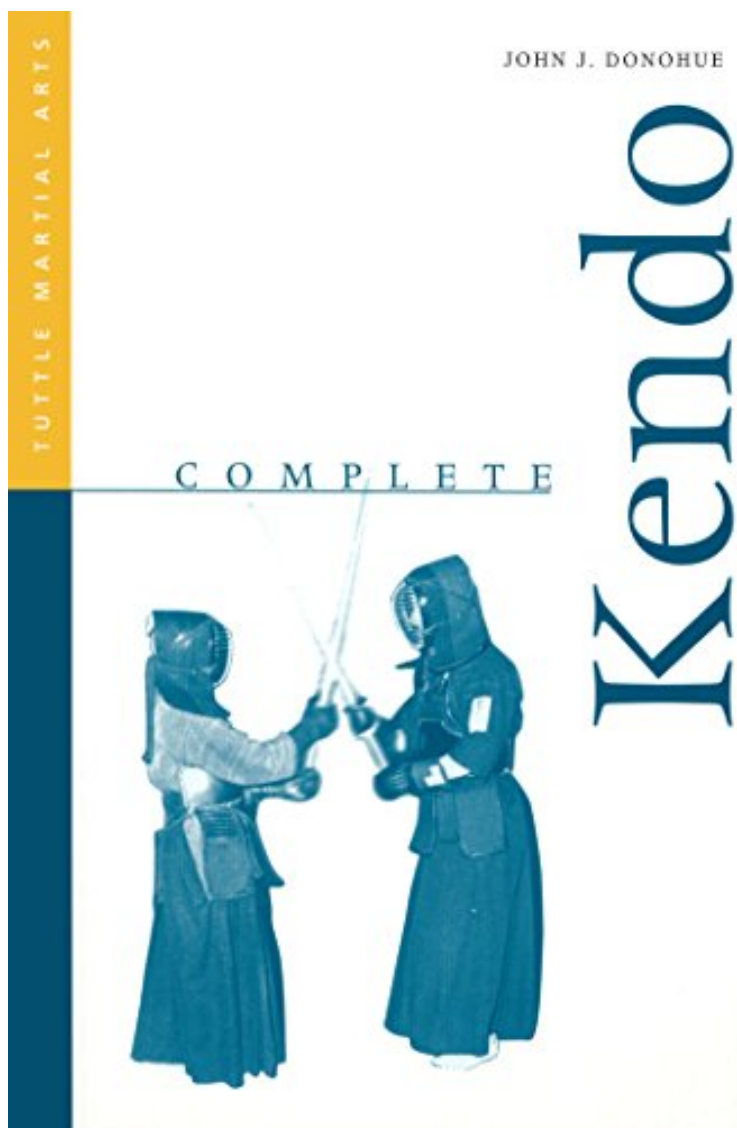


(Download pdf ebook) File size: 68.Mb

# Complete Kendo



*Par John J. Donohue*  
*ePub | \*DOC | audiobook | ebooks |*  
*Download PDF*

Dtails sur le produit Publi le: 2015-12-08  
Sorti le: 2015-12-08  
Format: Ebook  
Kindle

(Download pdf ebook) Complete  
Kendo

**Par John J. Donohue : Complete Kendo** before purchasing it in order to gage whether or not it would be worth my time, and all praised Complete Kendo:

Download

Read Online

## Description :

Prsentation de l'diteurComplete Kendo is a thorough introduction to the Japanese martial way of the sword and a guided tour of the principles and philosophy upon which the art is founded.This martial arts guide covers everything from the care and handling of hakama, the pleated trousers worn by kendoka (practitioners of kendo), all in an easy conversational dialogue that is a great pleasure to read.Structured to echo the organization of the Book of Five Rings by Miyamoto Musashi, Complete Kendo is a modern version of the swordsman's primer by a martial artist skilled not only in the art of kendo but, like Musashi, in many traditional Japanese arts, and with a superb understanding of the martial tradition and culture of Japan. The author uses lessons learned from a long career of teaching martial arts and academic subjects to impart clearly and concisely the fundamentals of kendo and the martial way.With explanatory line drawings by

Kathleen Sweeney illustrating significant points of discussion, a handy glossary of kendo terminology and related concepts, and an unusually helpful bibliography, *Complete Kendo* is an essential volume for every kendoka's personal library.