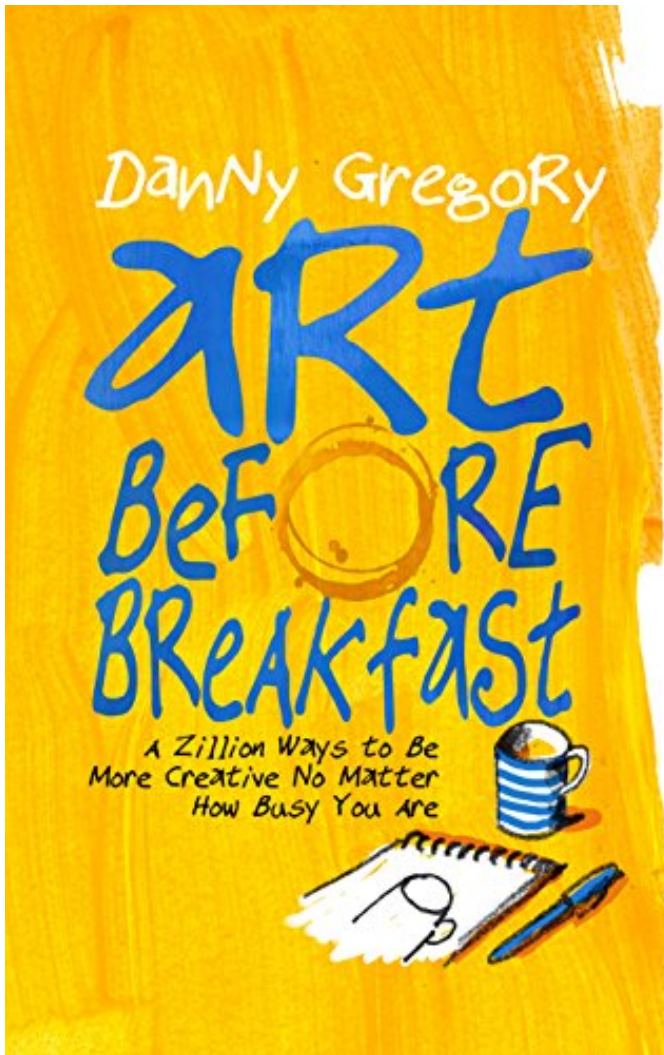


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# Art Before Breakfast: A Zillion Ways to be More Creative No Matter How Busy You Are



Par Danny Gregory  
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## Description :

Prsentation de l'diteurPacked with the signature can-do attitude that makes beloved artist Danny Gregory a creativity guru to thousands across the globe, this unique guide serves up a hearty helping of inspiration. For aspiring artists who want to draw and paint but just can't seem to find time in the day, Gregory offers 5 to 10minute exercises for every skill level that fit into any schedulewhether on a plane, in a meeting, or at the breakfast tablealong with practical instruction on techniques and materials, plus strategies for making work that's exciting, unintimidating, and fulfilling. Filled with Gregory's encouraging words and motivating illustrations, Art Before Breakfast teaches readers how to develop a creative habit and lead a richer life through making art.Prsentation de l'diteurPacked with the signature can-do attitude that makes beloved artist Danny Gregory a creativity guru to thousands across the globe, this unique guide serves up a hearty helping

of inspiration. For aspiring artists who want to draw and paint but just can't seem to find time in the day, Gregory offers 5 to 10minute exercises for every skill level that fit into any schedulewhether on a plane, in a meeting, or at the breakfast tablealong with practical instruction on techniques and materials, plus strategies for making work that's exciting, unintimidating, and fulfilling. Filled with Gregory's encouraging words and motivating illustrations, Art Before Breakfast teaches readers how to develop a creative habit and lead a richer life through making art. Biographie de l'auteur Danny Gregory is the author of seven previous books, including A Kiss Before You Go, also from Chronicle Books. His blog, Everyday Matters, is visited regularly by tens of thousands of people from around the world. Danny has created illustrations for numerous books, magazines, and the New York Times. He lives in Los Angeles.